## How do I create a Fitness Test?

13/06/2025 12:41 pm AEST

If you are managing a database that includes athletes and participants whom you want to complete Fitness Tests as part of their involvement with your organisation, you can create your Fitness Testa directly within GameDay Passport and add them to a member's record in order to track the results of Fitness Tests in your membership base.



## To add a new Fitness Test to your database:

## 1. Click the Settings Cog, then SETTINGS in the top-right corner of your screen

neDay Pas	sport Training Hep			Settings User Management
	Details Edit	Contacts Edit		Process Log Audit Log
	12 Stack Lane	President (Primary Contact)	Vice President	Tr Cark Mode
	Melbourne VIC, AUSTRALIA, 3000 +61400100200 ( <i>Phone</i> ) <u>hello@mygameday.app</u>	Margaret Bell 0400100200 <u>hello@mygameday.app</u>	Barry Driscoll 0400100201 <u>hello@mygameday.app</u>	Melissa Boyle 0400100202 <u>hello@mygameday.app</u>
Add/Edit Logo		Secretary		
		Barrett Ferguson 0400100203 <u>hello@mygameday.app</u>		
		Show more Y		

2. Under the Other heading, select FITNESS TESTS

Configuration				
These configuration options allow y Manage Users and Security	ou to modify the data and behaviour of t Configure Database Fields	he system. Setup Registrations	Manage Competitions	Other
Password Management Permissions	Custom Fields Field Configuration Manage Lookup Information Member Packages Member List Display	<u>Age Groups</u> <u>Seasons</u> <u>Clearance Settings</u> <u>Opt-Ins</u>	Statistics Templates Ladder Templates Fixture Templates Media Outlets Finals Eligibility Settings Match Day Reports	<u>Fitness Tests</u>

3. Click ADD

Fitness Tests							ADD
		Test Name	Date Added	Intended Use	Approved Test?	Active?	
	đ	5km Run	04/12/2023	To measure the aerobic capacity of at	<b>V</b>		

- 4. Complete any mandatory fields for your Fitness Tests
  - Test Name: Enter an internal name for your Fitness Test
  - Intended Use: Briefly describe the intended purpose of the Fitness Test
  - Test Notes: Elaborate on your Fitness Test to further explain any other information your administrators need to know

A	Add New Fitness Test					
	<u>Click here</u> to return to list of Fitness Tests To modify, change the details in the boxes be <b>Note:</b> All boxes marked with a * must be filler	rlow. When you have finished, press the <b>'Update Fitness Test'</b> button. d in.				
	Fitness Test Details					
	Test Name*	5km Run				
	Active?					
	Approved Test?					
	Intended Use	To measure the aerobic capacity of athletes				
	Test Notes	To complete the test, athletes must complete a 5-kilometer run without stopping				

- Fitness Test Stats (up to 30 allowed)
  - Stat Name: Give a name to your statistic
  - Stat Type: Choose the input format of the statistic you are collecting from Text, Number or Time

Fitness Test Stats		
Stat 1- Name	Completed?	]
Stat 1 - Type	Text •	]
Stat 2 - Name	Time	]
Stat 2 - Type	Time	]

5. Click UPDATE FITNESS TEST

Stat 29 - Name		
Stat 29 - Type	•	
Stat 30 - Name		
Stat 30 - Type	•	
Update Fitness Test		